



ARC Volleyball Summer Schedule – June/July

Any of this is subject to change!! Join Remind-text @arcvoll25 to 81010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 JUNE GHSA "DEAD WEEK" MAY 26- JUNE 1	2	3 Conditioning and practice/ARC Gym 5:00-7:00	4 Conditioning and practice/ARC Gym 5:00-7:00	5 Conditioning on your own	6 Conditioning on your own	7 Conditioning on your own
8 ↑ GET PHYSICALS AND PAPERWORK DONE BY JUNE 3!!	9 Conditioning on your own Additional gym time by request	10 Conditioning and practice/ARC Gym 5:00-7:00	11 Conditioning and practice/ARC Gym 5:00-7:00	12 Conditioning on your own	13 Conditioning on your own	14 Conditioning on your own
15	16 Conditioning on your own Additional gym time by request	17 Conditioning and practice/ARC Gym 5:00-7:00	18 Conditioning and practice/ARC Gym 5:00-7:00	19 Conditioning on your own Additional gym time by request	20 Conditioning on your own	21 Conditioning on your own
22	23 Conditioning on your own Additional gym time by request	24 Conditioning and practice/ARC Gym 5:00-7:00	25 Conditioning and practice/ARC Gym 5:00-7:00	26 Conditioning on your own Additional gym time by request	27 Conditioning on your own	28 Conditioning on your own
29/6 JULY GHSA "DEAD WEEK" JUNE 30 - JULY 6	7 Conditioning and practice/ARC Gym 5:00-7:00	8 Conditioning and practice/ARC Gym 5:00-7:00	9 Conditioning and practice/ARC Gym 5:00-7:00	10 Conditioning on your own Additional gym time by request	11 Conditioning on your own	12 Conditioning on your own

13	14 Conditioning and practice/ARC Gym 5:00-7:00	15 Grovetown Summer Jam Times/Location TBA	16 Grovetown Summer Jam Times/Location TBA	17 Grovetown Summer Jam Times/Location TBA	18 SEE YOU	19 JULY 28!
----	--	--	--	--	---------------	----------------

Varsity and JV rosters will be established by the end of the summer. The rosters may change during the season.

Below is the schedule for the first two weeks of August. At this point all practices will be mandatory. **Times may be altered**, and practices will be split between JV and varsity on some of these days and during the season. JV will practice first.

Please note the **Parent Meeting** to be held after morning practices on Saturday August 2 at noon.

JULY/AUGUST	28 Practice JV 4:00-5:30 V 5:15-7:00	29 Practice JV 4:00-5:30 V 5:15-7:00	30 Practice JV 4:00-5:30 V 5:15-7:00	31 Practice JV 4:00-5:30 V 5:15-7:00	1 Open House 12:00-6:00 No Practice	2 Practice 9:00-11:15 Team Mtg 11:15 Parent Mtg 12:00
3	4 Practice JV 4:00-5:30 V 5:15-7:00	5 1st Day of School Practice JV 3:45-5:15 V 5:00-6:45	6 Practice JV 3:45-5:15 V 5:00-6:45	7 Practice JV 3:45-5:15 V 5:00-6:45	8	9 JV Tournament at Evans Times TBA